

Class IX

SYLLABUS OVERVIEW

SUBJECT: HEALTH CARE

Teacher: Ma'am SC

MONTH	NO. OF DAYS	NO. OF PERIODS	TOPICS AND SUB-TOPICS	ACTIVITIES/PROJECTS/PRACTICAL EXPERIMENT.	MARKS
April – June (PT-I)	46	17	1. Healthcare Delivery Systems. -public Health Sector. -Private sector. - Indian system of medicine and Homeopathy. - National Health Programme. - Components and activities of hospital. - Role and functions of Clinic. Rehabilitation, long term and Hospice Care facilities.	1.To conduct Debate. Topic: “Are Technology – driven clinics better for patient care than traditional clinics “. 2.Demonstration on Hospice care facilities and their support facilities.	10
			2.Role of Patient Care Assistant. - Essential duties of PCA. - Various activities of patient’s daily care. - Requirements for patient comfort, patient’s safety. - Qualities of a good patient care assistant. - Biomedical waste and its management.	1.Case study for group discussion:”Mrs. Green ‘s comfort needs”. 2.Taking Care Plan of an elderly patient.	10
July- September (Half Yearly)	52	20	3. Personal Hygiene and Hygiene Standards. - Demonstrate good hygiene practice. - Health and hygiene education. - Importance of personal hygiene. - Factors affecting good health. - Hand washing and personal grooming.	1. Practical on Hand washing techniques. 2. Presentation on factors affecting good health.	05
			4. Primary Healthcare and Emergency Medical Response. - Essential components of primary Healthcare. - Millennium Development goals. - Components of Primary Healthcare. - Chain of survival.	1. Demonstrate steps of Chain of Survival . 2. Case study – A person collapse in a market. What steps will you take and in what order? 3. Discussion – what would you do if you saw someone collapse in school?	05

			- Emergency Medical Response.	4. Design a creative poster or comic strip showing all steps of Chain of Survival.	
October – December (PT-II)	43	15	5.IMMUNIZATION - Various types of Immunity. - Immunization Schedule. - Components of Universal Immunization Programme. - Pulse Polio Immunization Programme.	1. Prepare Immunization Schedule for baby born on 12 June 2025. 2. Enlisting of diseases covered under Universal Immunization Programme. 3.Prepare a checklist of the activities conducted at a Pulse Polio Immunization Programme.	05
			6.COMMUNICATION AT WORKPLACE. - Different elements of communication. - Providing Feedback. - Effective Communication skills. - Applying elements of Verbal and Non- verbal communication. - Barriers in Communication.	1.Describe the characteristics of feedback. 2.Role play on effective communication in different scenarios of conversation between patient and patient care assistant. Describe elements of communication cycle.	05
January – February (Yearly)	31	10	REVISION UNIT 1- 6	1.Conducting test both written and oral. 2.Solving questions.	