

Class VIII

SYLLABUS OVERVIEW SUBJECT: HEALTH PHYSICAL EDUCATION

Teacher: Sir MD

Month	No. of Days	No. of Period	Chapter to be Covered	Details of Activity/SEA
April to June	46	17(approx)	1.Introduction 2. Still Life 3. Mixed Drawing	Groups various objects and draw them from real life observations
July to September	52	21(approx)	4. Perspective 5. Landscape	Paint a scene reflecting the common theme 'Life in Lamka/Churachandpur'
October to December	40	17(approx)	6. Human Figure	-Sketch the human figure from real life observations, using basic anatomical references - Invitation Card making
January to February	26	14(approx)	7.Design 8. Cartoon 9. Calligraphy 10. Career Guide	- Create a cartoon character from one's own imagination