

CLASS XII
PSYCHOLOGY-037
SPLIT-UP SYLLABUS 2025-2026

EXAM	TOPIC/CHAPTER	Experiments/Activity/Project	WEIGHTAGE
PT-I APRIL To JUNE	Ch-1: Variations in Psychological Attributes Ch-2: Meeting Life Challenges	1. Psychometric Testing: Multiple Intelligence Test condition of perceived stress scale	22
HALF – YEARLY JULY To SEPTEMBER	Ch-3: Self and Personality Ch-4: Psychological disorders	2. Self-Assessment: Self-concept questionnaire: Screening of movie “A Beautiful Mind” and review.	25
PT-II OCTOBER To DECEMBER	Ch-5: Attitude and Social Cognition Ch-6: Therapeutic Approaches	3. Field Research: A report on one’s experience of attitude change research on the various psychological counselling/therapeutic services in our town.	17
YEARLY JANUARY To MARCH	Ch-7: Social Influence and Group Processes REVISION	4. Project: Replication of Tuckman’s Stages of Group Formation.	6
	TOTAL MARKS		70