

CLASS XII
ENGLISH-301
SPLIT-UP SYLLABUS 2025-2026

EXAM	TOPIC/CHAPTER	Activities/Project Practical	WEIGHTAGE
PT-I APRIL To JUNE	Flamingo <ul style="list-style-type: none"> • <i>Prose</i>: 1. The Last Lesson 2. Lost Spring 3. Deep Water • <i>Poetry</i>: 1. My Mother at Sixty-Six 2. Keeping Quiet (poetry) Reading Comprehension <ul style="list-style-type: none"> (i) Unseen Passage (ii) Case-Based Supplementary Reader - Vistas <ul style="list-style-type: none"> 1. The Third Level (prose) 2. The Tiger King (prose) Creative Writing Skills <ul style="list-style-type: none"> 1. Notice writing 	<ul style="list-style-type: none"> 2. Cultural Awareness Activity: Each student brings a beautiful piece of writing in their mother tongue. 3. Poster Making Activity: Theme: “Say No to Child Labor” 4. Valued Based Activity: Turn the story <i>Deep Water</i> into a short motivational poem. 5. Collect a sample of notices. 6. Creative Writing: Poem on ‘escapism’. 	
HALF – YEARLY JULY To SEPTEMBER	Flamingo <ul style="list-style-type: none"> • <i>Prose</i>: 4. The Rattrap 5. Indigo 6. Poets and Pan Cakes • <i>Poetry</i>: 3. A Thing of Beauty 4. A Roadside Stand Supplementary Reader - Vistas <ul style="list-style-type: none"> 3. Journey to the end of the earth 4. The Enemy 5. On The Face of It Creative Writing Skills <ul style="list-style-type: none"> 2. Invitation and Replies 3. Letter to the Editor and Job Application 	<ul style="list-style-type: none"> 6. Role Play: Enacting scenes from a story as a 21st Century Skills Activity. 7. Collect a sample of Wedding Card. 8. Creative Writing: Essay on the theme of Patriotism. 9. Creative Writing: Write a short story based on the theme of ‘Isolation’. 	Flamingo - 27 Vistas - 13 Reading Comprehension- 22 (12+10) Writing-18 (4+4+5+5)
PT-II OCTOBER To DECEMBER	Flamingo <ul style="list-style-type: none"> • <i>Prose</i>: 7. The Interview 8. Going Places • <i>Poetry</i>: 5. Aunt Jennifer’s Tigers Supplementary Reader - Vistas <ul style="list-style-type: none"> 6. Memories of Childhood Creative Writing Skills <ul style="list-style-type: none"> 4. Article Writing 5. Report Writing 	<ul style="list-style-type: none"> 10. Role Play and Analysis: Based on ‘In the Interviewer’s Chair’ 11. Debate: Topic- Are childhood memories generally positive or negative influences on adulthood? 	
YEARLY JANUARY To MARCH	REVISION TOTAL MARKS	12. Presentation: (Any topic on Vistas & Flamingo)	80

CLASS XII
PSYCHOLOGY-037
SPLIT-UP SYLLABUS 2025-2026

EXAM	TOPIC/CHAPTER	Activity/Project	WEIGHTAGE
PT-I APRIL To JUNE	Ch-1: Variations in Psychological Attributes Ch-2: Meeting Life Challenges	1. Psychometric Testing: Multiple Intelligence Test and the perceived stress scale	22
HALF – YEARLY JULY To SEPTEMBER	Ch-3: Self and Personality Ch-4: Psychological disorders	2. Self-Assessment: Self-concept questionnaire: Screening of movie “A Beautiful Mind” and review.	25
PT-II OCTOBER To DECEMBER	Ch-5: Attitude and Social Cognition Ch-6: Therapeutic Approaches	3. Field Research: Write a report on your experience of attitude change research on the various psychological counselling/therapeutic services in our town	17
YEARLY JANUARY To MARCH	Ch-7: Social Influence and Group Processes REVISION	4. Project: Replication of Tuckman’s Stages of Group Formation.	6
	TOTAL MARKS		70

CLASS-XII
PHYSICAL EDUCATION-048
SPLIT-UP SYLLABUS 2025-26

EXAM	TOPIC/CHAPTER	Activity/Project	WEIGHTAGE
PT-I APRIL To JUNE	Unit I: Management of sporting Events Unit II: Children and Women in Sports Unit III: Yoga and preventive Measure for Lifestyle Disease	1. Event Management in Sports: How to organize sports or tournament (planning, organizing and Fixture). 2. Drawing and Classification: Draw and identify different kinds of Posture. 3. Yoga Demonstration: Presentation on Asanas	9 7 7
HALF – YEARLY JULY To SEPTEMBER	Unit IV: Physical Education & Sports for CWSN (Children with Special Needs) Unit V: Test & measurement in sports. Unit VI: Physiology & injuries in sports. Unit VII: Biomechanics & sports.	4. Fixture Drawing and Format Design: Draw a Fixture- Knock out tournament and league tournament. 5. Game Design: Design an Inclusive Sports/Game 6. Practical Test: Calculate your own Harvard Step Test and evaluate it using the Fitness Index Score.	8 8 8 10
PT-II OCTOBER To DECEMBER	Unit VIII: Sports and Nutrition Unit IX: Psychology & sports. Unit X: Training in sports	7. Awareness Peer Campaign: To sensitize students about the needs of CWSN. 8. Concept Mapping: Write the concept of talent identification in sports on a chart paper.	7 7 9
YEARLY JANUARY To MARCH	REVISION		
	TOTAL MARKS		80

CLASS XII
POLITICAL SCIENCE -028
SPLIT-UP SYLLABUS 2025-2026

EXAM	TOPIC/CHAPTER	Activity/Project	WEIGHTAGE
PT-I APRIL To JUNE	Part-A Contemporary World Politics Ch-1: The End of Bipolarity Ch-2: Contemporary Centers of Power Part-B Politics in Indian Since Independence Ch-1: Challenges of Nation Building Ch-2: Era of One-Party dominances Ch-3: Politics of Planned Development	1. Research Project: Prepare a profile of the different countries after the disintegration of the USSR 2. Timeline Activity: Prepare a chart of the Timeline of the formation of the European Union and the ASEAN. 3. Group Discussion: Major challenges faced by India in its nation-building process and how can they be addressed? 4. Debate and Discussion: First three-year plan.	6 6 6 4 2
HALF – YEARLY JULY To SEPTEMBER	Part-A Contemporary World Politics Ch- 3: Contemporary South Asia Ch- 4: International Organizations Ch-5: Security in the Contemporary World Part-B Politics in Indian Since Independence Ch-4: Indian’s External Relations Ch-5: Challenges to and Restoration of the Congress system Ch-6: The Crisis of Democratic Order	5. Timeline Activity: Prepare a timeline chart of the sequence of events that led to the formation of democratic government in Bangladesh 6. Quiz: Topic-The United Nations and its principal organs as well as its key agencies. 7. Research Activity: Prepare a profile of the new sources of threats and their impacts on global security 8. Chart Creation: Prepare a chart showing NAM founders, objectives principles and its relevance in contemporary world politics 9. Timeline Activity: Prepare a timeline chart of Political succession 10. Map Practice	6 6 6 6 4 4
PT-II OCTOBER To DECEMBER	Part-A Contemporary World Politics Ch-6: Environment and natural Resources Ch-7: Globalization Part-B Politics in India Since Independence Ch-7: Regional Aspiration Ch-8: Recent Developments in Indian Politics	11. Collaborative Research: A group work on the different environmental movements around the world 12. Research Project: Data collection on the impact of Globalization on polity, society and economy 13. Group Discussion How do regional aspirations impact national integration and what measure can be taken to balance regional interest with national unity? 14. Research Project: Election 2019-Rise of BJP Downfall of Congress (1989-2019)	6 4 6 8
YEARLY JANUARY To MARCH	REVISION		
	TOTAL MARKS		80

CLASS XII
HISTORY-027
SPLIT-UP SYLLABUS 2025-2026

EXAM	TOPIC/CHAPTER	Activities/Project Practical	WEIGHTAGE
PT-I APRIL To JUNE	Theme One: Bricks, Beads and Bones-The Harappan Civilization Theme Two: Kings, Farmers and Towns- Early States and Economics (C.600 BCE-600 CE) Theme Nine: Colonialism and The Country Side Theme Ten: Rebels & Raj: 1857 Revolt & its representations	1. Group discussion and Presentation: Topic: Subsistence strategies of the Harappan Civilization 2. Chart making: To collect the coins shown in this chapter, discussing the materials used, their significance and the possible functions that coins may have had. 3. Debate & Historical role play: Colonialism; reform/exploitation 4. Creative Model Making: Newspaper Front Page Design	25
HALF – YEARLY JULY To SEPTEMBER	Theme Three: Kinship, caste and class- Early societies (C. 600 BCE-600 CE) Theme Four: Cultural developments (C.600 BCE-600CE) Theme Five: Through the eyes of traveler’s perception of society (C. Tenth -Seventeenth Century) Theme Eleven: Mahatma Gandhi & the Nationalist Movement Theme Twelve: Framing the Constitutions	5. Chart making The rules about the ideal occupation of the four Varnas 6. Map Practice: Buddhist sites and Quiz based on Buddhism, Jainism and Hinduism 7. Group Discussion: Topic: The accounts of Medieval foreign travelers. 8. Creative Writing: News Bulletin: any one of Gandhi’s Nationalist Movement 9. Comparative Analysis: Compare Constitution-India v/s Other Democracies	25
PT-II OCTOBER To DECEMBER	Theme Six: Bhakti-Sufi Traditions-Changes in Religious Beliefs and Devotional Texts: Eight to Eighteenth Century Theme Seven: An Imperial Capital -Vijayanagar Theme Eight: Peasants, zamindars & the States Agrarian Society and the Mughal Emperor	10. Map Practice Temples and Sufi shrines. 11. Creative Work: Heritage Poster- then & Now 12. Map based activity Land, Crops & Power	25
YEARLY JANUARY To MARCH	REVISION	13. Map Work: Map work of related themes	5
	TOTAL MARKS		80

CLASS XII
GEOGRAPHY-029
SPLIT-UP SYLLABUS 2025-2026

EXAM	TOPIC/CHAPTER	Activities/Project Practical	WEIGHTAGE
PT-I APRIL To JUNE	Fundamentals of Human Geography Ch-1: Human Geography- Nature and scope Ch-2: The world population- density, distribution and growth Ch-3: Human development India Physical Environment Ch-1: Population distribution density, growth and composition Ch-2: Human Settlement Ch-3: Land Resources and Agriculture	1. Discussion: Naturalization of Human and Humanization of nature 2. Presentation: Topic- Education of girls is the most important steps towards improving sex ratio. 3. Project work- Identifying the leading producing states of major crops on India map.	14
HALF – YEARLY JULY To SEPTEMBER	Fundamentals of Human Geography Ch-4: Primary Activity Ch-5: Secondary Activity Ch-6: Tertiary and Quaternary Activities India Physical Environment Ch-4: Water Resources Ch-5: Mineral and Energy Resources Ch-6: Planning and Sustainable Development in Indian context.	4. Practical • Data-source and compilation • Data Processing 5. Map Items • Areas of subsistence gathering • Major areas of Nomadic herding of the world • Major areas of Commercial livestock rearing • Major areas of extensive commercial grain farming • Major areas of mixed farming 6. Project work – Identifying the location of major mines in India-on-India Map.	24 9+9=18(Prac.) 8
PT-II OCTOBER To DECEMBER	Fundamentals of Human Geography Ch-7: Transport, Communication and trade Ch-8: International Trade India Physical Environment Ch-7: Transport and Communication Ch-8: International Trade Ch-9: Geographical Perspectives on selected issues and problems.	7. Graphical Representation of Data Special Information technology 8. Map Items: • Major sea ports of the India and World • Major airports of the world • Inland Water Ways 9. Group Presentation Awareness on various selected issue in India. 10. Group Discussion- Topic – Importance of reliable communication networks during natural disasters in India.	7 (Prac.) 12 12
YEARLY JANUARY To MARCH	REVISION		
	TOTAL MARKS		70

CLASS XII
SOCIOLOGY-039
SPLIT-UP SYLLABUS 2025-2026

EXAM	TOPIC/CHAPTER	Activity/Project	WEIGHTAGE
PT-I APRIL To JUNE	Indian Society Ch-1: Introducing Indian Society Ch-2: The Demographic Structure of The Indian Society Social Change and Development in India Ch-3: Structural Change Ch-4: Cultural Change	1. Survey: Find out how many generations ago the families of your fellow students came to live in a city/town. 2. Comparative Study: To list the merits and demerits of colonialism. 3. Research and Presentation: To list down the 19 th Century Social reformers and their works.	10 5 5
HALF – YEARLY JULY To SEPTEMBER	Indian Society: Ch-5: Social Institutions: Continuity and Change Ch-6: Patterns of Social Inequality and Exclusion Social Change and Development in India Ch-7: Change and Development in Rural Society Ch-8: Change and Development in Industrial society	4. Legal Research and Chart Making: Find and list all the articles and sections (laws) that deal with the SCs and STs or with various caste-related issues. 5. Biographical Study: Collect information about any social reformers and write his/her contribution. 6. Analytical Report: To find out the advantages and disadvantages of the Green Revolution. 7. Observational Study: To find out how work is carried out in our society.	10 10 10 10
PT-II OCTOBER To DECEMBER	Indian Society: Ch-9: The Challenges of Cultural Diversity Social Change and Development in India Ch-10: Social Movement	8. Historical Research and Documentation: Find out the origin of your own state and the sociological history of it. 9. Research and Presentation: How women participated in the social movement in the 19 th century.	10 10
YEARLY JANUARY To MARCH	REVISION	10. Project Work	
	TOTAL MARKS		80